



**4-Year Bachelor of Pharmacy (B.Pharm.) Curriculum and
Syllabus
Eighth Semester**

Course Code	Name of the course	No. of hours	Tutorial	Credit points
TIU-UBP-801T	Biostatistics and Research Methodology	3	1	4
TIU-UBP-802T	Social and Preventive Pharmacy	3	1	4
TIU-UBP-803ET	Pharma Marketing Management	3 + 3 = 6	1 + 1 = 2	4 + 4 = 8
TIU-UBP-804ET	Pharmaceutical Regulatory Science			
TIU-UBP-805EP	Pharmacovigilance			
TIU-UBP-806ET	Quality Control and Standardization of Herbal			
TIU-UBP-807ET	Computer Aided Drug Design			
TIU-UBP-808ET	Cell and Molecular Biology			
TIU-UBP-809ET	Cosmetic Science			
TIU-UBP-810ET	Experimental Pharmacology			
TIU-UBP-811ET	Advanced Instrumentation Techniques			
TIU-UBP-812ET	Dietary Supplements and Nutraceuticals			
TIU-UBP-813PW	Project Work	12	-	6
Total		24	4	22

Approved By:

External Expert

Vice-Chancellor

Registrar

Director, School of Pharmacy



BIostatISTICS AND RESEARCH METHODOLOGY (THEORY)

Subject Code: TIU-UBP-801T

45 Hours

Scope: To understand the applications of Biostatistics in Pharmacy. This subject deals with descriptive statistics, Graphics, Correlation, Regression, logistic regression Probability theory, Sampling technique, Parametric tests, Non Parametric tests, ANOVA, Introduction to Design of Experiments, Phases of Clinical trials and Observational and Experimental studies, SPSS, R and MINITAB statistical software's, analyzing the statistical data using Excel.

Objectives: Upon completion of the course the student shall be able to

- Know the operation of M.S. Excel, SPSS, R and MINITAB[®], DoE (Design of Experiment)
- Know the various statistical techniques to solve statistical problems
- Appreciate statistical techniques in solving the problems.

Course Content

UNIT-I

10 Hours

Introduction: Statistics, Biostatistics, Frequency distribution

Measures of central tendency: Mean, Median, Mode- Pharmaceutical examples

Measures of dispersion: Dispersion, Range, standard deviation, Pharmaceutical problems

Correlation: Definition, Karl Pearson's coefficient of correlation, Multiple correlation - Pharmaceutical examples

UNIT-II

10 Hours

Regression: Curve fitting by the method of least squares, fitting the lines $y = a + bx$ and $x = a + by$, Multiple regression, standard error of regression- Pharmaceutical Examples



Probability: Definition of probability, Binomial distribution, Normal distribution, Poisson's distribution, properties - problems Sample, Population, large sample, small sample, Null hypothesis, alternative hypothesis, sampling, essence of sampling, types of sampling, Error-I type, Error-II type, Standard error of mean (SEM) - Pharmaceutical examples

Parametric test: t-test(Sample, Pooled or Unpaired and Paired) , ANOVA, (One way and Two way), Least Significance difference

UNIT-III

10 Hours

Non Parametric tests: Wilcoxon Rank Sum Test, Mann-Whitney U test, Kruskal-Wallis test, Friedman Test

Introduction to Research: Need for research, Need for design of Experiments, Experiential Design Technique, plagiarism

Graphs: Histogram, Pie Chart, Cubic Graph, response surface plot, Counter Plot graph

Designing the methodology: Sample size determination and Power of a study, Report writing and presentation of data, Protocol, Cohorts studies, Observational studies, Experimental studies, Designing clinical trial, various phases.

UNIT-IV

08 Hours

Blocking and confounding system for Two-level factorials

Regression modeling: Hypothesis testing in Simple and Multiple regression models

Introduction to Practical components of Industrial and Clinical Trials Problems: Statistical Analysis Using Excel, SPSS, MINITAB®, DESIGN OF EXPERIMENTS, R - Online Statistical Software's to Industrial and Clinical trial approach

UNIT-V

07 Hours

Design and Analysis of experiments:

Factorial Design: Definition, 2^2 , 2^3 design. Advantage of factorial design

Response Surface methodology: Central composite design, Historical design, Optimization Techniques



SOCIAL AND PREVENTIVE PHARMACY (THEORY)

Subject Code: TIU-UBP-802T

45 Hours

Scope: The purpose of this course is to introduce to students a number of health issues and their challenges. This course also introduced a number of national health programmes. The roles of the pharmacist in these contexts are also discussed.

Objectives: After the successful completion of this course, the student shall be able to:

- Acquire high consciousness/realization of current issues related to health and pharmaceutical problems within the country and worldwide.
- Have a critical way of thinking based on current healthcare development.
- Evaluate alternative ways of solving problem related to health and pharmaceutical issues

Course Content

Unit – I

10 Hours

Concept of health and disease: Definition, concepts and evaluation of public health. Understanding the concept of prevention and control of disease, social causes of diseases and social problems of the sick.

Social and health education: Food in relation to nutrition and health, Balanced diet, Nutritional deficiencies, Vitamin deficiencies, Malnutrition and its prevention.

Sociology and health: Socio cultural factors related to health and disease, Impact of urbanization on health and disease, Poverty and health

Hygiene and health: personal hygiene and health care; avoidable habits

Unit – II

10 Hours

Preventive medicine: General principles of prevention and control of diseases such as cholera, SARS, Ebola virus, influenza, acute respiratory infections, malaria, chicken guinea, dengue, lymphatic filariasis, pneumonia, hypertension, diabetes mellitus, cancer, drug addiction-drug substance abuse

Unit – III

10 Hours

National health programs, its objectives, functioning and outcome of the following: HIV



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AND AIDS control programme, TB, Integrated disease surveillance program (IDSP), National leprosy control programme, National mental health program, National programme for prevention and control of deafness, Universal immunization programme, National programme for control of blindness, Pulse polio programme.

Unit – IV

08 Hours

National health intervention programme for mother and child, National family welfare programme, National tobacco control programme, National Malaria Prevention Program, National programme for the health care for the elderly, Social health programme; role of WHO in Indian national program

Unit – V

07 Hours

Community services in rural, urban and school health: Functions of PHC, Improvement in rural sanitation, national urban health mission, Health promotion and education in school.



PHARMA MARKETING MANAGEMENT (THEORY)

Subject Code: TIU-UBP-803ET

45 Hours

Scope: The pharmaceutical industry not only needs highly qualified researchers, chemists and, technical people, but also requires skilled managers who can take the industry forward by managing and taking the complex decisions which are imperative for the growth of the industry. The Knowledge and Know-how of marketing management groom the people for taking a challenging role in Sales and Product management.

Objective: The course aims to provide an understanding of marketing concepts and techniques and their applications in the pharmaceutical industry

Course Content

Unit – I

10 Hours

Marketing:

Definition, general concepts and scope of marketing; Distinction between marketing & selling; Marketing environment; Industry and competitive analysis; analyzing consumer buying behavior; industrial buying behavior.

Pharmaceutical market:

Quantitative and qualitative aspects; size and composition of the market; demographic descriptions and socio-psychological characteristics of the consumer; market segmentation & targeting. Consumer profile; Motivation and prescribing habits of the physician; patients' choice of physician and retail pharmacist. Analyzing the Market; Role of market research.

Unit – II

10 Hours

Product decision:

Classification, product line and product mix decisions, product life cycle, product portfolio analysis; product positioning; New product decisions; Product branding, packaging and labeling decisions, Product management in pharmaceutical industry.

Unit – III

10 Hours

Promotion:

Methods, determinants of promotional mix, promotional budget; An overview of personal selling, advertising, direct mail, journals, sampling, retailing, medical exhibition, public relations, online promotional techniques for OTC Products.

Unit – IV

08 Hours

Pharmaceutical marketing channels:

Designing channel, channel members, selecting the appropriate channel, conflict in channels, physical distribution management: Strategic importance, tasks in physical distribution



management.

Professional sales representative (PSR):

Duties of PSR, purpose of detailing, selection and training, supervising, norms for customer calls, motivating, evaluating, compensation and future prospects of the PSR.

Unit –V

07 Hours

Pricing:

Meaning, importance, objectives, determinants of price; pricing methods and strategies, issues in price management in pharmaceutical industry. An overview of DPCO (Drug Price Control Order) and NPPA (National Pharmaceutical Pricing Authority).

Emerging concepts in marketing:

Vertical & Horizontal Marketing; Rural Marketing; Consumerism; Industrial Marketing; Global Marketing.

PHARMACEUTICAL REGULATORY SCIENCE (THEORY)

Subject Code: TIU-UBP-804ET

45 Hours

Scope: This course is designed to impart the fundamental knowledge on the regulatory requirements for approval of new drugs, and drug products in regulated markets of India & other countries like US, EU, Japan, Australia, UK etc. It prepares the students to learn in detail on the regulatory requirements, documentation requirements, and registration procedures for marketing the drug products.

Objectives: Upon completion of the subject student shall be able to;

1. Know about the process of drug discovery and development
2. Know the regulatory authorities and agencies governing the manufacture and sale of pharmaceuticals
3. Know the regulatory approval process and their registration in Indian and international markets

Course Content

UNIT-I

10 Hours

New Drug Discovery and development

Stages of drug discovery, Drug development process, pre-clinical studies, non-clinical activities, clinical studies, Innovator and generics, Concept of generics, Generic drug product development.



UNIT-II

10 Hours

Regulatory Approval Process

Approval processes and timelines involved in Investigational New Drug (IND), New Drug Application (NDA), Abbreviated New Drug Application (ANDA). Changes to an approved NDA / ANDA.

Regulatory authorities and agencies

Overview of regulatory authorities of India, United States, European Union, Australia, Japan, Canada (Organization structure and types of applications)

UNIT-III

10 Hours

Registration of Indian drug product in overseas market

Procedure for export of pharmaceutical products, Technical documentation, Drug Master Files (DMF), Common Technical Document (CTD), electronic Common Technical Document (eCTD), ASEAN Common Technical Document (ACTD) research.

UNIT-IV

08 Hours

Clinical trials

Developing clinical trial protocols, Institutional Review Board / Independent Ethics committee - formation and working procedures, Informed consent process and procedures, GCP obligations of Investigators, sponsors & Monitors, Managing and Monitoring clinical trials, Pharmacovigilance - safety monitoring in clinical trial

UNIT-V

07 Hours

Regulatory Concepts

Basic terminology, guidance, guidelines, regulations, Laws and Acts, Orange book, Federal Register, Code of Federal Regulatory, Purple book.

PHARMACOVIGILANCE (THEORY)

Subject Code: TIU-UBP-805ET

45 Hours

Scope: This paper will provide an opportunity for the student to learn about development of pharmacovigilance as a science, basic terminologies used in pharmacovigilance, global scenario of Pharmacovigilance, train students on establishing pharmacovigilance programme in an organization, various methods that can be used to generate safety data and signal detection. This paper also develops the skills of classifying drugs, diseases and adverse drug reactions.



Objectives:

At completion of this paper it is expected that students will be able to (know, do, and appreciate):

1. Why drug safety monitoring is important?
2. History and development of pharmacovigilance
3. National and international scenario of pharmacovigilance
4. Dictionaries, coding and terminologies used in pharmacovigilance
5. Detection of new adverse drug reactions and their assessment
6. International standards for classification of diseases and drugs
7. Adverse drug reaction reporting systems and communication in pharmacovigilance
8. Methods to generate safety data during pre clinical, clinical and post approval phases of drugs' life cycle
9. Drug safety evaluation in paediatrics, geriatrics, pregnancy and lactation
10. Pharmacovigilance Program of India (PvPI) requirement for ADR reporting in India
11. ICH guidelines for ICSR, PSUR, expedited reporting, pharmacovigilance planning
12. CIOMS requirements for ADR reporting
13. Writing case narratives of adverse events and their quality.

Course Content

UNIT-I

10 Hours

Introduction to Pharmacovigilance

- History and development of Pharmacovigilance
- Importance of safety monitoring of Medicine
- WHO international drug monitoring programme
- Pharmacovigilance Program of India (PvPI)

Introduction to adverse drug reactions

- Definitions and classification of ADRs
- Detection and reporting
- Methods in Causality assessment
- Severity and seriousness assessment
- Predictability and preventability assessment
- Management of adverse drug reactions

Basic terminologies used in pharmacovigilance

- Terminologies of adverse medication related events
- Regulatory terminologies



UNIT-II

10 Hours

Drug and disease classification

- Anatomical, therapeutic and chemical classification of drugs
- International classification of diseases
- Daily defined doses
- International Non proprietary Names for drugs

Drug dictionaries and coding in pharmacovigilance

- WHO adverse reaction terminologies
- MedDRA and Standardised MedDRA queries
- WHO drug dictionary
- Eudravigilance medicinal product dictionary

Information resources in pharmacovigilance

- Basic drug information resources
- Specialised resources for ADRs

Establishing pharmacovigilance programme

- Establishing in a hospital
- Establishment & operation of drug safety department in industry
- Contract Research Organisations (CROs)
- Establishing a national programme

UNIT-III

10 Hours

Vaccine safety surveillance

- Vaccine Pharmacovigilance
- Vaccination failure
- Adverse events following immunization

Pharmacovigilance methods

- Passive surveillance – Spontaneous reports and case series
- Stimulated reporting
- Active surveillance – Sentinel sites, drug event monitoring and registries
- Comparative observational studies – Cross sectional study, case control study and cohort study
- Targeted clinical investigations

Communication in pharmacovigilance

- Effective communication in Pharmacovigilance



- Communication in Drug Safety Crisis management
- Communicating with Regulatory Agencies, Business Partners, Healthcare facilities & Media

UNIT-IV

08 Hours

Safety data generation

- Pre clinical phase
- Clinical phase
- Post approval phase (PMS)

ICH Guidelines for Pharmacovigilance

- Organization and objectives of ICH
- Expedited reporting
- Individual case safety reports
- Periodic safety update reports
- Post approval expedited reporting
- Pharmacovigilance planning
- Good clinical practice in pharmacovigilance studies

UNIT-V

07 Hours

Pharmacogenomics of adverse drug reactions

- Genetics related ADR with example focusing PK parameters.

Drug safety evaluation in special population

- Paediatrics
- Pregnancy and lactation
- Geriatrics

CIOMS

- CIOMS Working Groups
- CIOMS Form

CDSCO (India) and Pharmacovigilance

- D&C Act and Schedule Y
- Differences in Indian and global pharmacovigilance requirements

QUALITY CONTROL AND STANDARDIZATION OF HERBALS (THEORY)

Subject Code: TIU-UBP-806ET

45 Hours

Scope: In this subject the student learns about the various methods and guidelines for evaluation and standardization of herbs and herbal drugs. The subject also provides an opportunity for the student to learn cGMP, GAP and GLP in traditional system of medicines.



Objectives: Upon completion of the subject student shall be able to;

1. know WHO guidelines for quality control of herbal drugs
2. know Quality assurance in herbal drug industry
3. know the regulatory approval process and their registration in Indian and international markets
4. appreciate EU and ICH guidelines for quality control of herbal drugs

Course Content

UNIT-I

10 Hours

Basic tests for drugs – Pharmaceutical substances, Medicinal plants materials and dosage forms.
WHO guidelines for quality control of herbal drugs.
Evaluation of commercial crude drugs intended for use

UNIT-II

10 Hours

Quality assurance in herbal drug industry of cGMP, GAP, GMP and GLP in traditional system of medicine.
WHO Guidelines on current good manufacturing Practices (cGMP) for Herbal Medicines WHO Guidelines on GACP for Medicinal Plants.

UNIT-III

10 Hours

EU and ICH guidelines for quality control of herbal drugs.

Research Guidelines for Evaluating the Safety and Efficacy of Herbal Medicines

UNIT-IV

08 Hours

Stability testing of herbal medicines. Application of various chromatographic techniques in standardization of herbal products.
Preparation of documents for new drug application and export registration
GMP requirements and Drugs & Cosmetics Act provisions

UNIT-V

07 Hours

Regulatory requirements for herbal medicines.
WHO guidelines on safety monitoring of herbal medicines in pharmacovigilance systems.
Comparison of various Herbal Pharmacopoeias.
Role of chemical and biological markers in standardization of herbal products



COMPUTER AIDED DRUG DESIGN (THEORY)

Subject Code: TIU-UBP-807ET

45 Hours

Scope: This subject is designed to provide detailed knowledge of rational drug design process and various techniques used in rational drug design process.

Objectives: Upon completion of the course, the student shall be able to understand

1. Design and discovery of lead molecules
2. The role of drug design in drug discovery process
3. The concept of QSAR and docking
4. Various strategies to develop new drug like molecules.
5. The design of new drug molecules using molecular modeling software

Course Content

UNIT-I

10 Hours

Introduction to Drug Discovery and Development

Stages of drug discovery and development

Lead discovery and Analog Based Drug Design

Rational approaches to lead discovery based on traditional medicine, Random screening, Non-random screening, serendipitous drug discovery, lead discovery based on drug metabolism, lead discovery based on clinical observation.

Analog Based Drug Design: Bioisosterism, Classification, Bioisosteric replacement. Any three case studies

UNIT-II

10 Hours

Quantitative Structure Activity Relationship (QSAR)

SAR versus QSAR, History and development of QSAR, Types of physicochemical parameters, experimental and theoretical approaches for the determination of physicochemical parameters such as Partition coefficient, Hammett's substituent constant and Taft's steric constant. Hansch analysis, Free Wilson analysis, 3D-QSAR approaches like COMFA and COMSIA.

UNIT-III

10 Hours

Molecular Modeling and virtual screening techniques

Virtual Screening techniques: Drug likeness screening, Concept of pharmacophore mapping and pharmacophore based Screening,

Molecular docking: Rigid docking, flexible docking, manual docking, Docking based screening. *De novo* drug design.



UNIT-IV

08 Hours

Informatics & Methods in drug design

Introduction to Bioinformatics, chemoinformatics. ADME databases, chemical, biochemical and pharmaceutical databases.

UNIT-V

07 Hours

Molecular Modeling: Introduction to molecular mechanics and quantum mechanics. Energy Minimization methods and Conformational Analysis, global conformational minima determination.

CELL AND MOLECULAR BIOLOGY (THEORY)

Subject Code: TIU-UBP-808ET

45 Hours

Scope:

- Cell biology is a branch of biology that studies cells – their physiological properties, their structure, the organelles they contain, interactions with their environment, their life cycle, division, death and cell function.
- This is done both on a microscopic and molecular level.
- Cell biology research encompasses both the great diversity of single-celled organisms like bacteria and protozoa, as well as the many specialized cells in multi-cellular organisms such as humans, plants, and sponges.

Objectives: Upon completion of the subject student shall be able to;

- Summarize cell and molecular biology history.
- Summarize cellular functioning and composition.
- Describe the chemical foundations of cell biology.
- Summarize the DNA properties of cell biology.
- Describe protein structure and function.
- Describe cellular membrane structure and function.
- Describe basic molecular genetic mechanisms.
- Summarize the Cell Cycle

Course Content

UNIT-I

10 Hours

- a) Cell and Molecular Biology: Definitions theory and basics and Applications.
- b) Cell and Molecular Biology: History and Summation.
- c) Properties of cells and cell membrane.



- d) Prokaryotic versus Eukaryotic
- e) Cellular Reproduction
- f) Chemical Foundations – an Introduction and Reactions (Types)

UNIT-II **10 Hours**

- a) DNA and the Flow of Molecular Information
- b) DNA Functioning
- c) DNA and RNA
- d) Types of RNA
- e) Transcription and Translation

UNIT-III **10 Hours**

- a) Proteins: Defined and Amino Acids
- b) Protein Structure
- c) Regularities in Protein Pathways
- d) Cellular Processes
- e) Positive Control and significance of Protein Synthesis

UNIT-IV **08 Hours**

- a) Science of Genetics
- b) Transgenics and Genomic Analysis
- c) Cell Cycle analysis
- d) Mitosis and Meiosis
- e) Cellular Activities and Checkpoints

UNIT-V **07 Hours**

- a) Cell Signals: Introduction
- b) Receptors for Cell Signals
- c) Signaling Pathways: Overview
- d) Misregulation of Signaling Pathways
- e) Protein-Kinases: Functioning

COSMETIC SCIENCE(THEORY)

Subject Code: TIU-UBP-809ET **45 Hours**

Course Content

UNIT-I **10 Hours**

Classification of cosmetic and cosmeceutical products

Definition of cosmetics as per Indian and EU regulations, Evolution of cosmeceuticals from cosmetics, cosmetics as quasi and OTC drugs

Cosmetic excipients: Surfactants, rheology modifiers, humectants, emollients, preservatives.



Classification and application

Skin: Basic structure and function of skin. Hair: Basic structure of hair. Hair growth cycle.

Oral Cavity: Common problem associated with teeth and gums.

UNIT-II

10 Hours

Principles of formulation and building blocks of skin care products:

Face wash, Moisturizing cream, Cold Cream, Vanishing cream and their advantages and disadvantages. Application of these products in formulation of cosmeceuticals.

Antiperspirants & deodorants- Actives & mechanism of action.

Principles of formulation and building blocks of Hair care products:

Conditioning shampoo, Hair conditioner, anti-dandruff shampoo.

Hair oils.

Chemistry and formulation of Para-phenylenediamine based hair dye.

Principles of formulation and building blocks of oral care products:

Toothpaste for bleeding gums, sensitive teeth. Teeth whitening, Mouthwash.

UNIT-III

10 Hours

Sun protection, Classification of Sunscreens and SPF.

Role of herbs in cosmetics:

Skin Care: Aloe and turmeric

Hair care: Henna and amla.

Oral care: Neem and clove

Analytical cosmetics: BIS specification and analytical methods for shampoo, skin- cream and toothpaste.

UNIT-IV

08 Hours

Principles of Cosmetic Evaluation: Principles of sebumeter, corneometer. Measurement of TEWL, Skin Color, Hair tensile strength, Hair combing properties Soaps, and syndet bars. Evolution and skin benefits.

UNIT-V

07 Hours

Oily and dry skin, causes leading to dry skin, skin moisturisation. Basic understanding of the terms Comedogenic, dermatitis.

Cosmetic problems associated with Hair and scalp: Dandruff, Hair fall causes

Cosmetic problems associated with skin: blemishes, wrinkles, acne, prickly heat and body odor.

Antiperspirants and Deodorants- Actives and mechanism of action



PHARMACOLOGICAL SCREENING METHODS (THEORY)

Subject Code: TIU-UBP-810ET

45 Hours

Scope: This subject is designed to impart the basic knowledge of preclinical studies in experimental animals including design, conduct and interpretations of results.

Objectives: Upon completion of the course the student shall be able to,

- Appreciate the applications of various commonly used laboratory animals.
- Appreciate and demonstrate the various screening methods used in preclinical research
- Appreciate and demonstrate the importance of biostatistics and research methodology
- Design and execute a research hypothesis independently

Course Content

UNIT-I

08 Hours

Laboratory Animals:

Study of CPCSEA and OECD guidelines for maintenance, breeding and conduct of experiments on laboratory animals, Common lab animals: Description and applications of different species and strains of animals. Popular transgenic and mutant animals.

Techniques for collection of blood and common routes of drug administration in laboratory animals, Techniques of blood collection and euthanasia.

UNIT-II

10 Hours

Preclinical screening models

- a. Introduction: Dose selection, calculation and conversions, preparation of drug solution/suspensions, grouping of animals and importance of sham negative and positive control groups. Rationale for selection of animal species and sex for the study.
- b. Study of screening animal models for Diuretics, nootropics, anti-Parkinson's, antiasthmatics



Preclinical screening models: for CNS activity- analgesic, antipyretic, anti-inflammatory, general anaesthetics, sedative and hypnotics, antipsychotic, antidepressant, antiepileptic, antiparkinsonism, alzheimer's disease

UNIT-III

10 Hours

Preclinical screening models: for ANS activity, sympathomimetics, sympatholytics, parasympathomimetics, parasympatholytics, skeletal muscle relaxants, drugs acting on eye, local anaesthetics

UNIT-IV

08 Hours

Preclinical screening models: for CVS activity- antihypertensives, diuretics, antiarrhythmic, antidyslipidemic, anti aggregatory, coagulants, and anticoagulants
Preclinical screening models for other important drugs like antiulcer, antidiabetic, anticancer and antiasthmatics.

UNIT-V

07 Hours

Research methodology and Bio-statistics

Selection of research topic, review of literature, research hypothesis and study design
Pre-clinical data analysis and interpretation using Students 't' test and One-way ANOVA. Graphical representation of data

ADVANCED INSTRUMENTATION TECHNIQUES (THEORY)

Subject Code: TIU-UBP-811ET

45

Hours

Scope: This subject deals with the application of instrumental methods in qualitative and quantitative analysis of drugs. This subject is designed to impart advanced knowledge on the principles and instrumentation of spectroscopic and chromatographic hyphenated techniques. This also emphasizes on theoretical and practical knowledge on modern analytical instruments that are used for drug testing.

Objectives: Upon completion of the course the student shall be able to

- understand the advanced instruments used and its applications in drug analysis
- understand the chromatographic separation and analysis of drugs.
- understand the calibration of various analytical instruments
- know analysis of drugs using various analytical instruments.



Course Content

UNIT-I **08 Hours**

Nuclear Magnetic Resonance spectroscopy

Principles of H-NMR and C-NMR, chemical shift, factors affecting chemical shift, coupling constant, Spin - spin coupling, relaxation, instrumentation and applications

Mass Spectrometry

Principles, Fragmentation, Ionization techniques – Electron impact, chemical ionization, MALDI, FAB, Analyzers-Time of flight and Quadrupole, instrumentation, applications

UNIT-II **10 Hours**

Thermal Methods of Analysis: Principles, instrumentation and applications of Thermogravimetric Analysis (TGA), Differential Thermal Analysis (DTA), Differential Scanning Calorimetry (DSC)

X-Ray Diffraction Methods: Origin of X-rays, basic aspects of crystals, X-ray Crystallography, rotating crystal technique, single crystal diffraction, powder diffraction, structural elucidation and applications.

UNIT-III **10 Hours**

Calibration and validation-as per ICH and USFDA guidelines

Calibration of following Instruments

Electronic balance, UV-Visible spectrophotometer, IR spectrophotometer, Fluorimeter, Flame Photometer, HPLC and GC

UNIT-IV **08 Hours**

Radio immune assay: Importance, various components, Principle, different methods, Limitation and Applications of Radio immuno assay

Extraction techniques: General principle and procedure involved in the solid phase extraction and liquid-liquid extraction

UNIT-V **07 Hours**

Hyphenated techniques-LC-MS/MS, GC-MS/MS, HPTLC-MS.

DIETARY SUPPLEMENTS AND NUTRACEUTICALS (THEORY)

Subject Code: TIU-UBP-812ET **45**
Hours

Scope: This subject covers foundational topics that are important for understanding the need and requirements of dietary supplements among different groups in the population.



Objectives: This module aims to provide an understanding of the concepts behind the theoretical applications of dietary supplements. By the end of the course, students should be able to:

1. Understand the need of supplements by the different group of people to maintain healthy life.
2. Understand the outcome of deficiencies in dietary supplements.
3. Appreciate the components in dietary supplements and the application.
4. Appreciate the regulatory and commercial aspects of dietary supplements including health claims.

Course Content

UNIT-I

07 Hours

- a. Definitions of Functional foods, Nutraceuticals and Dietary supplements. Classification of Nutraceuticals, Health problems and diseases that can be prevented or cured by Nutraceuticals i.e. weight control, diabetes, cancer, heart disease, stress, osteoarthritis, hypertension etc.
- b. Public health nutrition, maternal and child nutrition, nutrition and ageing, nutrition education in community.
- c. Source, Name of marker compounds and their chemical nature, Medicinal uses and health benefits of following used as nutraceuticals/functional foods: Spirulina, Soyabean, Ginseng, Garlic, Broccoli, Gingko, Flaxseeds

UNIT-II

15 Hours

Phytochemicals as nutraceuticals: Occurrence and characteristic features(chemical nature medicinal benefits) of following

- a) Carotenoids- α and β -Carotene, Lycopene, Xanthophylls, leutin
- b) Sulfides: Diallyl sulfides, Allyltrisulfide.
- c) Polyphenolics: Resveratrol
- d) Flavonoids- Rutin, Naringin, Quercetin, Anthocyanidins, catechins, Flavones
- e) Prebiotics / Probiotics.: Fructo oligosaccharides, Lacto bacillum
- f) Phyto estrogens : Isoflavones, daidzein, Geobustan, lignans
- g) Tocopherols
- h) Proteins, vitamins, minerals, cereal, vegetables and beverages as functional foods: oats, wheat bran, rice bran, sea foods, coffee, tea and the like.

UNIT-III

07 Hours

- a) Introduction to free radicals: Free radicals, reactive oxygen species, production of free radicals in cells, damaging reactions of free radicals on



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lipids, proteins, Carbohydrates, nucleic acids.

- b) Dietary fibres and complex carbohydrates as functional food ingredients.

UNIT-IV

10 Hours

- a) Free radicals in Diabetes mellitus, Inflammation, Ischemic reperfusion injury, Cancer, Atherosclerosis, Free radicals in brain metabolism and pathology, kidney damage, muscle damage. Free radicals involvement in other disorders. Free radicals theory of ageing.
- b) Antioxidants: Endogenous antioxidants – enzymatic and nonenzymatic antioxidant defence, Superoxide dismutase, catalase, Glutathione peroxidase, Glutathione Vitamin C, Vitamin E, α - Lipoic acid, melatonin
Synthetic antioxidants: Butylatedhydroxy Toluene, Butylatedhydroxy Anisole.
- c) Functional foods for chronic disease prevention

UNIT-V

06 Hours

- a) Effect of processing, storage and interactions of various environmental factors on the potential of nutraceuticals.
- b) Regulatory Aspects; FSSAI, FDA, FPO, MPO, AGMARK. HACCP and GMPs on Food Safety. Adulteration of foods.

Pharmacopoeial Specifications for dietary supplements and nutraceuticals.